

**Welcome to Our Lady of Good Counsel Retreat House**  
**May 8-9, 2026 - Janette Howe - [www.sevensistersapostolate.org](http://www.sevensistersapostolate.org)**  
**All or Nothing: Living every Moment for and with Christ**

Please maintain silence throughout the retreat  
except during the Friday introduction and the Saturday closing supper

**FRIDAY EVENING (CST)**

5:30-6:30 pm Registration and check-in  
6:30 pm optional Mass in Chapel  
7:15 pm Library: Introductions and sharing of intentions for the retreat  
8:00 pm **All or Nothing: Sr Clare Crockett** in Library  
9:30 pm optional Night Prayer in Chapel

**SATURDAY MORNING**

7:45 am Morning prayer in Chapel  
8:00 am Breakfast  
(Meetings and Confessions available following breakfast\*)  
9:30 am **Conference** in Library  
10:45am Rosary in Chapel  
11:00 am Mass in Chapel  
12:00 Noon Lunch  
(Meetings and Confessions available following lunch\*)

**SATURDAY AFTERNOON AND EVENING**

1:30 pm **Conference** in Library  
Following: Exposition of the Blessed Sacrament in Chapel  
(Meetings and Confessions available\*)  
3:00 pm **Chaplet of Divine Mercy** in Chapel  
4:00 pm **Benediction** in Chapel  
4:30 pm **Conference** in Library  
5:45 pm Evening Prayer in Chapel  
6:00 pm Supper and Dismissal

*\* Janette Howe will be available in the Retreat Master room for personal conversations with retreatants who desire it. Signup sheet on counter for 15-minute time slots. Confessions in the chapel.*

**Thank you for coming to Our Lady of Good Counsel Retreat House**  
[www.goodcounselretreat.com](http://www.goodcounselretreat.com) - 402-786-2705 - [goodcounsel@cdolinc.net](mailto:goodcounsel@cdolinc.net)