

Welcome to Our Lady of Good Counsel Retreat House

March 19-22, 2026

The Word of the Word: Intimacy with Jesus Through His Gospels

with Sister Mary Diana Dreger, OP

<u>Thursday – Welcome for Women</u>	9:00pm Night Prayer (chapel)
7:00pm Rosary	
7:20pm Mass	
8:00pm Conference #1 (introduction)	
Reflection	
9:00pm Night Prayer (chapel)	
<u>Friday – Women's Fellowship & Conference</u>	
7:45am Morning Prayer (chapel)	
8:00am Breakfast	
9:00am Rosary Walk	
10:00am Conference #2	
Reflection	
11:30am-1:30pm Confessions	
12 Noon Lunch	
1:30pm Conference #3	
Reflection	
3:00pm Divine Mercy Chaplet	
3:15-3:45pm Group/Small Group discussion	
4:00pm Conference #4	
Reflection	
Women's Conference ends / Check-in open	
6:00pm Dinner	
6:30pm Welcome Reception and horsderves	
-- Retreat and Silence Starts --	
7:30pm Conference #1 (introduction)	
Reflection	
8:30pm Mass	
<u>Saturday</u>	
7:45am Morning Prayer (chapel)	
8:00am Mass	
8:00am Breakfast	
9:00am Rosary Walk	
10:00am Conference #2	
Reflection	
11:30am-1:30pm Confessions	
12 Noon Lunch	
1:30pm Conference #3	
Reflection	
3:45pm Divine Mercy Chapel	
4:00pm Conference #4	
Reflection	
5:30pm Dinner	
6:30pm Exposition & Evening Prayer (Adoration & Confessions)	
8:00pm Night Prayer & All-Night Adoration	
<u>Sunday</u>	
7:45am Morning Prayer & Benediction	
8:00am Breakfast	
9:00am Conference #5	
10:30am Rosary Walk	
11:00am Mass	
12 Noon Lunch with sharing of graces/concluding items	

Conferences take place in the Library, Prayers and Devotions in the Chapel
Rosary Walks are optional depending on weather and ability.

Welcome to Our Lady of Good Counsel Retreat House

We hope that your time here will be enjoyable and most profitable for your spiritual life.

You are prayed for daily in our chapel, and Mass is offered for you once a month.

Please promote our retreats in your parish and among your family and friends.

TIPS FOR MAKING A GOOD RETREAT

- **Ask for Help** - please pray for the retreat master, your fellow retreatants, and for the Lord to pour out His grace on you throughout the weekend.
- **Make Room for Silence** - plan ahead for how to abstain from texts, email and calls for the 40 hours. The times of silence are an essential part of the retreat, to have time to converse with God.
- **Put Off Your Burdens** - the responsibilities weighing on you, the 50 things you need to get done, the very real challenges you may face. We come on retreat to entrust them to the Lord, place them in his hands, and let Him hold onto them while we are in prayer. They may still be there afterwards, but won't seem as daunting.
- **Be Still and Relaxed** - unpack and make yourself at home, take a walk and explore the beautiful grounds, find a quiet place to pray, place yourself in the presence of our Lord and King.
- **Be Aware of Jesus** - He can work and heal my heart if I give Him the time and silence. Know how He looks upon you with love. Experience how He sees you at this very moment. Let Him love you.

OUR FACILITY

The building will be locked at 10 pm for your safety, and your room locks from the inside. Although it has never been a problem, you may want to lock any valuables in your car (like the cell phone you're not using!) If you need anything like toiletries or medications, there are extras on the shelves outside the dining room, or see one of the staff. The grounds are available to you for walks at any time. There is a bell tower with Stations of the Cross at the base to visit if you choose. You are welcome to visit our chapel or the library at any time of the day or night. All the little side chapels have lights of their own (switches are found on the pillars in the chapel) which you can turn on to read at night.

DINING ROOM

If you have any dietary needs, or you requested any special dietary needs, please introduce yourself to the kitchen staff so they know who you are (as there will be a plate with your name on it.) Meals are served cafeteria style. When the food service personnel are ready and grace has been said, proceed in an orderly fashion to be served. Coffee, tea, and snacks are available in the dining room; pop and water can be purchased from either refrigerator located in back of the dining room or outside the library.

OFFERING

As part of our "Walk in the Light" appeal, we want to join in praying for your intentions, and ask you to please keep Our Lady of Good Counsel Retreat House in your prayers. An offering envelope has been provided in your room, or credit card donations can be made by seeing the staff or through our website, www.goodcounselretreat.org. A collection basket will be available on Sunday so that we can keep our retreats affordable and available even for those who cannot pay. You can also put your prayer intentions in the collection basket. Thank you for whatever donation you are able to give. It helps keep this facility a part of the spiritual life of the Diocese of Lincoln. Checks should be made out to the *Good Counsel Retreat House*.