

**Family, Become What You Are**  
**Nov. 14-15th, 2025 Couple's Retreat**  
**at Our Lady of Good Counsel Retreat House**



Missionaries of the  
**Holy Spirit**  
in the Family

with Missionaries of the Holy Spirit in the Family and Fr. Benjamin Holdren

***Friday November 14th***

- 5:00-6:00pm: **Check-In & Welcome**
- 6:00 pm- **Dinner**
- 6:45 pm- **Introductions, Prayer, & Testimony**
- 7:15 pm- **Retreat Talk #1**
- 8:00 pm- **Adoration & Confession**
- 9:00 pm- **Optional Social Time**

***Saturday November 15th***

- 8:00 am- **Breakfast**
- 8:45 am- **Retreat Talk #2**
- 9:15 am- **Spousal Prayer & Conversation**
- 10:00 am- **Mass (followed by Adoration)**
- 11:15 am- **Free Time**
- 12:00 pm- **Lunch**
- 1:00 pm- **Retreat Talk #3**
- 1:30 pm- **Spousal Prayer**
- 2:00 pm- **Silence / Free Time**
- 3:00 pm - **Sharing Graces, Moving Forward**
- 4:00-4:30pm- **Depart**